

Deepings Community Centre



## ANNUAL REVIEW

of

The work undertaken by  
Deepings Community Trust

at the

Deepings Community Centre

during the period

September 2008 - August 2009



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## Annual Review

Year nine was always going to be a challenging year. In the three year cycle of start develop and consolidate we had reached the latter for the third time round. It was a time to look forward and to examine what we have achieved as against what we would have liked to achieve. The centre programme is the envy of many a community centre. With a lot of hard work we have tried to add at least one more activity in each of the categories of Health, Education and Community Activities. We are extremely proud of the developments, the Osteopath and the Psychotherapist have settled in well and we have added Pilates to the programme in the main hall. We are also grateful to all the health team as they keep our volunteers on the move using their particular and special skills.

The biggest development of all has been in the Computer Centre where we applied and successfully achieved a Commission to develop training opportunities in our computer centre little did we realize how challenging it was going to be. We were able to extend our language training unit which offers the opportunity to learn or brush up previous learned skills in French, German, Italian, Spanish and Chinese. The latter has not yet taken off but we will keep on trying. We added for the first time Spanish for Young Learners. It has been very pleasing to see the number of support groups using the centre and at the same time increasing our knowledge of the nature of their very valuable work.

It is very unfair to single out any one group but we have to say a big thank you to the CAB staff. Come rain, hail, snow or blazing sun they come very Wednesday morning to help out local residents. We see the worried faces sitting in reception clutching wads of paper work and later seeing them leave smiling or at least seeing a way through their problems.

We look forward each year to the Annual Bat Count. It is nice to know just how many lodgers we do have. Our claim to fame is we are on the Lincoln Bat Map! There are many regular events at weekends and it is great to see the enthusiasm with which they work to raise funds for their charities. We now have the Child minders group coming each Easter for their Easter Egg Hunt and later for their Teddy Bears picnic. It would not be spring if we did not host the Camera Club Exhibition.

There is one other group without whose help we could not even contemplate a programme of our size and they are the Volunteers. Our team is now 30 strong. The range of skills we are able to call upon is exceptional and the Deepings owe them a great vote of thanks. Managing our money is a thankless task. It now costs over £1000 per week just to keep the Centre open. Every penny has to be raised and accounted for not a job for the faint hearted.

This just a thumbnail sketch of our achievements. Please read our website. It is updated regularly and has links to many other sites. Our notice boards are changed regularly as is all the other information. The welcome is warm, the centre is clean and we are very friendly.

# Something for everyone

No matter what your age, we are sure you will find something of interest

## Health

**Sports Massage & Sports Injury Clinic** - By Appointment

**Yoga** - Thursday 11 am to 12.15 pm -

**Podiatry & Chiropody** - By appointment

**Healthy Walks** - Most alternate Thursdays - Meet 2 pm

**Alternative Therapy** - By appointment

**Red Cross Training** - Tuesday 7 to 10 pm Other times by arrangement

**Weight Watchers** - Thursdays 6 to 7.15 pm

**First Responders** - 3rd Wednesday 6.15 to 9 pm

**Alzheimer's Society** - 3rd Mondays 12 noon to 2 pm

**Peterborough Psychotherapists** - By appointment

**Osteopath** - By appointment

**Pilates Class** - Mondays 10 am to 11 am

## Crafts

**Deeping Art Group** - Tuesdays 9.30 am to 12.30

**Art for Life Class** - Fridays 9.15 to 12.00

**Alternative Art Class** - Mondays 7 pm to 10 pm

## Sports and Pastimes

**Deepings Camera Club** - Wednesdays 7 to 10 pm

**Digital Camera Club** - 3rd Monday 7 to 10 pm

**Carpet Bowls** - Fridays 7 to 10 pm

**Community Club for Seniors** - Mondays 2 to 4 pm

## Education

**Computer Courses** include: PC Basics, File and Folder management, Introduction to the Internet, Introduction to Email, Introduction to MS Word and Introduction to Excel Spreadsheets.

**Kumon Maths & English Training** - Monday & Weds 3.30 to 5.30 pm

**Modern Language Training** – For subjects and times call The Centre

## Advice and Support

**Citizens Advice Bureau** - Wednesdays 10 am to 2 pm

**SKDC Customer Service Centre**- Daily 9.30 am to 2 pm

## Other

**Canine Society** - 1st Thursday 8 to 10 pm

**Large Community Notice board**, lots of leaflets, maps and helpful reception staff. **Small Read and Return Library**

See our website or phone 01778 381770 for contact details  
[www.deepingscommunitycentre.org.uk](http://www.deepingscommunitycentre.org.uk)

## Summarised Profit & Loss Account

|                                   | General | Computers4U | Total |
|-----------------------------------|---------|-------------|-------|
| <b>Income</b>                     |         |             |       |
| Letting of Rooms                  | 38827   | 165         | 38992 |
| Course Fees                       | 0       | 5692        | 5692  |
| Gifts & Donations (Note 4)        | 6858    | 50          | 6908  |
| Reimbursed Expenses               | 2737    | 0           | 2737  |
| Other Income                      | 1595    | 0           | 1595  |
| <u>Total Income</u>               | 50017   | 5907        | 55924 |
| <b>Expenditure</b>                |         |             |       |
| Payroll                           | 12700   | 5958 **     | 18658 |
| Utilities                         | 11934   | 0 **        | 11934 |
| Premises Maintenance              | 196     | 0 **        | 196   |
| Cleaning                          | 5310    | 492         | 5802  |
| Insurance                         | 999     | 0 **        | 999   |
| Phone & Postages                  | 2958    | 706 **      | 3664  |
| Printing & Stationery             | 672     | 0 **        | 672   |
| Legal & Professional (Note 2)     | 357     | 50 **       | 407   |
| Business Rates                    | 1439    | 0 **        | 1439  |
| Security                          | 1156    | 0 **        | 1156  |
| Advertising                       | 0       | 306         | 306   |
| Miscellaneous Exps (Note 1)       | 933     | 0 **        | 933   |
| Miscellaneous Exps                | 0       | 243         | 243   |
| <u>Sub Total C/F to next page</u> | 38654   | 7755        | 46409 |

|  | General | Computers4U | Total |
|--|---------|-------------|-------|
| <u>Sub Total B/F from previous page</u>  | 38654   | 7755        | 46409 |
| Rise and Fall Table (Note 3)             | 0       | 555         | 555   |
| CLAIT expenses                           | 0       | 481         | 481   |
| Equipment Lease                          | 0       | 532         | 532   |
| <u>Sub Total</u>                         | 38654   | 9323        | 47977 |
| Profit (Loss) before Depreciation        | 11363   | -3416       | 7947  |
| Depreciation                             | 3154    | 1650        | 4804  |
| <u>Total Expenditure</u>                 | 41808   | 10973       | 52781 |
| <b>Profit (Loss) for period</b> (Note 4) | 8209    | -5066       | 3143  |

### Notes

- 1) includes Vending Exps, Garden & Equip. Maint., and Licences
- 2) includes Audit, Legal fees, IT Support, Website Support
- 3) Income received for this in 2007/8
- 4) Includes £3250 Restricted Donations to be spent 2009/10

\*\* Does not include any shared Expenses

### WEBSITE

We are very proud of our website as it provides a clear window on the work achieved at this centre with lots of links to other groups, societies and Councils. It is updated regularly by our webmaster. The site offers information about the groups and societies who use the centre and who welcome new members or clients. Information on forthcoming events and computer and other courses. Information about the facilities we have for you to use (with pictures), terms and conditions of use and how to make a booking. There are links to other websites of local interest and our regular users. Also you can download a copy of our latest Annual Review, latest newsletter and Booking Form. It is worth ten minutes of anyone's time.



## Deepings Community Centre

### **Deepings Community Centre**

The Centre is for the use of all residents of The Deepings, whatever their ability and interests and is now an established and valued part of many local peoples' lives. It is a base for a wide range of activities including:-

A centre for community services such as Red Cross, Citizens Advice, Youth Offending Service & SKDC Enquiry Office

Access to a range of complementary therapies, including reiki, reflexology, podiatry, chiropody, osteopathy, sports therapy and psychotherapy.

A fully equipped computer facility, offering computer and IT courses and learning opportunities.

A base for local clubs, including Deepings Camera Club, Weight Watchers and many more.

A local information point .

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Registered Charity No. 1086907  
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