

The Deeping Bugle

The Newsletter from

Deepings Community Centre



Volume 2 - Issue 1

January 2010

WAKING YOU UP TO THE NEWS AND VIEWS OF THE CENTRE IN THE HEART OF THE COMMUNITY

FROM THE CHAIRMAN'S OFFICE

When I sit, rarely, in the office, or at home, reflecting on what has been achieved over the last ten years by a volunteer team, it is quite amazing. Ten years ago there were those who forecast that it would be lucky to survive eighteen months. "They will never do it with volunteers". Well we have and hopefully are set fair for an interesting future.

It has not been without its frustrations, like the recent issues with asbestos. Fortunately SKDC had ensured that we had an emergency plan all ready to swing into action. Little did we know that we would have to wait from 21st October to 4th January before work could begin to restore the hall ready for use.

We all hope when it is open for business in very late February everyone will enjoy our newly refurbished hall and we will have a celebration or two.

On behalf of the Trustees, I want to thank you all for your support. It has been a trying and demanding time. However, with the help of SKDC and some very time consuming fund raising we are taking the opportunity to totally upgrade the hall at a projected cost of £15,000. So our coffers are empty but our hearts are strong and we will continue to offer the best service that we can. May we specially thank our users who have been very helpful in being moved to our other rooms which were really too small for them and to other groups who have moved temporarily to other venues.

On behalf of the team, may I wish you all a very happy and healthy new year and all the success in the world for your club, society or class during 2010.

Cathy Pridgeon

ABOUT US

As a charity we have been approved not only by The Charity Commissioners but also the Fundraising Standards Board and are allowed to show their logo on our stationery. We are also registered with HMRC for Gift Aid, so any donations by a taxpayer can attract a contribution from the Government. Conditions apply. Ask for a form if this applies to you.

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LINCOLNSHIRE GROW - LIFE LONG LEARNING PROGRAMME

Since last September we were commissioned by LCC to provide a computer training programme. Over 100 people have learnt the basics, and more, of using a computer. The computer lessons are continuing but we are expanding into other subjects. Dates will be advertised in "The Deepings Advertiser" newsheet. The courses are for 18 years of age and upwards and are free. Materials and any course books are chargeable. There are a few terms and conditions which will be explained on application.

Subjects on offer at the moment are:

- PC Basics - To get you started
- File and Folder Management - how to organise your saved work
- Introduction to the Internet
- Introduction to email
- Introduction to Word Processing
- Introduction to Spread Sheets
- Introduction to Databases
- Introduction to PowerPoint

Starting around Easter:

All are "An Introduction To"

- Painting
- Family History
- Quilting
- Pilates
- Yoga
- Tai Chi
- Know Your Town



OPENING TIMES

There has been some confusion as to the times The Deepings Community Centre is open. They are Monday to Friday 9 am to 10 pm. Saturday 9am to 1 pm.

Other times by arrangement.

It is only the SKDC Enquiry Office that is open Monday to Friday 9.30 am to 2 pm.

SOMETHING FOR EVERYONE
Some of the activities at The Centre

Health

- Sports Massage & Sports Injury Clinic** - By Appointment
- Yoga** - Thursday 11 am to 12.15 pm -
- Podiatry & Chiropody** - By appointment
- Healthy Walks** - Most alternate Thursdays at 2 pm
- Alternative Therapy** - By appointment
- Red Cross Training** - Tuesday 7 to 10 pm Other times by arrangement
- Weight Watchers** - Thursdays 6 to 7.15 pm
- First Responders** - 3rd Wednesday 6.15 to 9 pm
- Alzheimer's Society** - 3rd Mondays 12 noon to 2 pm
- Peterborough Psychotherapists** - By appointment
- Osteopath** - By appointment
- Pilates Class** - Mondays 10 am to 11 am

Crafts

- Deeping Art Group** - Tuesdays 9.30 am to 12.30
- Art for Life Class** - Fridays 9.15 to 12.00
- Alternative Art Class** - Mondays 7 pm to 10 pm
- Deep-In-Craft** - 1st Monday 7.00 to 10 pm

Sports and Pastimes

- Deepings Camera Club** - Wednesdays 7 to 10 pm
- Digital Camera Club** - 3rd Monday 7 to 10 pm
- Carpet Bowls** - Fridays 7 to 10 pm
- Community Club for Seniors** - Mondays 2 to 4 pm

Education

- Computers** - For subjects and times call The Centre on 01778 381777 - Special website - www.computer4u.org
- Kumon Maths & English Training** - Monday & Wednesday 3.30 to 5.30 pm
- Modern Language Training** - For subjects and times call The Centre

Advice and Support

- Citizens Advice Bureau** - Wednesdays 10 am to 1 pm
- SKDC Customer Service Centre** - Daily 9.30 am to 2 pm

Other

- Canine Society** - 1st Thursday 8 to 10 pm

For contact details visit our website or phone us

2 NEW ACTIVITIES STARTING SOON

AN INTRODUCTION TO NEW AGE KURLING

New Age Kurling is a form of the original curling game, but adapted so that it can be played indoors on any smooth, flat surface, rather than on ice. Importantly, the game can be played by both able-bodied and disabled people of all ages alike.



Starts 31st March - 1.30 to 3 pm
£2.50 per week. Thanks to LCC for the loan of the equipment.

AN INTRODUCTION TO CEILIDH

Starts 5th May - 2 to 4 pm £2.50 per week

SOME PLANNED EVENTS - More to come!

Saturday 13th March - The Return of **THE FRANTIC THEATRE COMPANY** in their new production **PUTTIN' OUT THE RITZ**. Entrance by ticket only. £10 each to include a Fish Supper. They will not be available on the door. The tickets can be obtained from Reception at The Centre. Many thanks to our sponsor, The Boundary Fish Restaurant.



DEEPIG SCREEN Will start showing their monthly films at the Centre shortly, depending on the finishing of the hall redevelopment. We are now the ticket agency for their film shows.

CREAM TEA. This will be held again in August



PRESCHOOL PLAY GROUPS Annual Easter Egg Hunt. By Invitation only.

AN EVENING OF CLAIRVOYANCE with Sally & Sue Date in April to be confirmed. Tickets will be on sale at Reception in the Centre.



In recognition of Carer's Week, you are invited to The Alzheimer's Society **TEA DANCE**. People living with memory loss and anyone affected by dementia, and their carers are welcome. Monday 14th June, 2 to 4 pm. Phone Kate Marshal - 01778 440 153 for details

FLOWER CLUB ANNUAL SHOW 17th & 18th September - 2 - 10 pm.



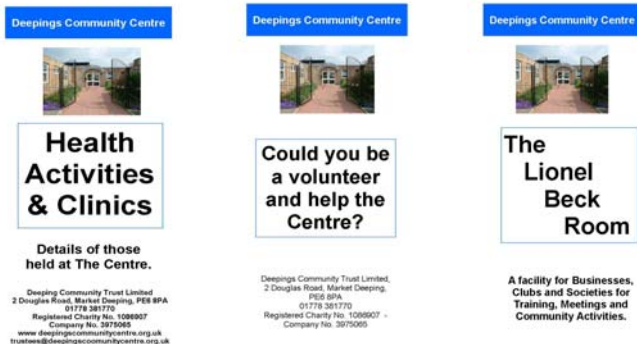
Don't forget to visit our website -

You can download booking forms, terms & conditions of hire, our facilities, details and links to our users, and lots more!
www.deepingscommunitycentre.org.uk

OUR LEAFLETS

As well as Tourist and Activity leaflets under our main notice boards, we publish several of our own located on the Reception desk. These include

- “Something for Everyone” leaflet which gives more information to that detailed on page 4
- Health Activities that take place within the building
- Volunteering at the Centre
- Free Computer classes through The Life Long Learning Scheme
- IT qualification classes e.g. CLAIT (chargeable).
- Hiring The Lionel Beck Room
- Booking Forms



There are usually copies of “The Mature Times” and “The Scene” Magazine for you to take away, and lots more Health, Safety and Educational leaflets too.

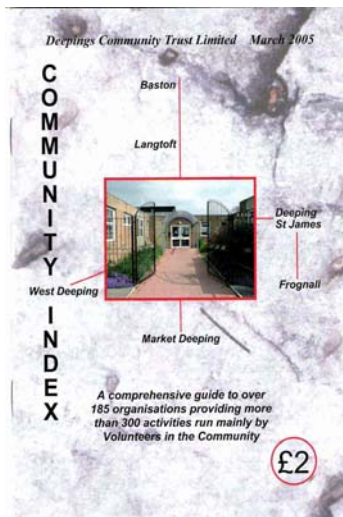
REMINDER TO ALL HIRERS

The leader of all groups using our premises must sign in and out when leaving the building. They should also be aware of how many people are in their charge. Should the fire alarm sound, this person should escort their charges to the assembly point which is behind the Library to the front of The Community Centre. Our Receptionist, or other designated person, will enquire of all those signed in if everyone is accounted for. Phones to summon the Fire Brigade are located in Reception, the IT suite, Rooms 3, 4, 6, 7 and Volunteers Office. On no account should anyone remain in the building and attempt to fight the fire.

COMMUNITY INDEX

Some four years ago, together with Stamford Volunteer Bureau, we researched the area and were able to show in a publication just what was available by way of clubs, societies and other community activities.

This year with the help of a grant from Deepings Town Centre Partnership, we are about to provide an updated version. Hopefully available from Reception by Easter .



READ & RETURN LIBRARY

The Centre keeps a small supply of paperback novels by a variety of authors. These can be borrowed by users and returned or replaced by another fiction book. The system operates on a “Trust” basis. They are kept in Room 20 and should it be locked, the key can be obtained from Reception. We regret that if the room is in use we cannot allow access, nor when the Reception is unmanned. If you are coming specially it is best to phone first to see if it is open. If you have books that you no longer want and want to donate them to the Centre, we would be delighted to have them. They are refreshed every so often and spares donated to the Red Cross..



FOR SALE

We have a number of Room Dividers, suitable for an office, that are surplus to our requirements. Covered in pink tweed, size approx 4'3” x 3'3” Reasonable offers accepted

A VERY WARM WELCOME TO OUR NEW USERS

- HiJack Patchers
- Pilates
- Deeping Language School (Spanish)
- Mr & Mrs Unwin (German)
- National Autistic Society
- Be Selective

NEED A MEETING ROOM?

- Conferences
- Training
- Confidential Interviews
- Sales Meetings

We can help

We have rooms that can accommodate from 3 to 80 people, some with video, OHP, computer projector and flip charts. Refreshment facilities, car parking and toilets too.

There are full details on our website or we can arrange to show you around, by appointment.

OUR TERMS AND CONDITIONS

Would all users please note that some are not always met. These include:

- Hirers are responsible for setting up and taking down the chairs and tables and any other equipment in the hall. Should we have to hire additional staff to do this, we reserve the right to charge for this service.
- All provisional bookings are only held for seven days. A booking form must be received by then. One can be obtained from Reception, download a pdf file from our website and return to us by mail or in person, or fill in an electronic version which is automatically sent to us by email. May we ask that all provisional bookings are checked by our Receptionists to ensure that the room is available before a booking form is sent.
- Cancellations must be made in writing at least seven days before the intended date of hire. We reserve the right to charge for any bookings made but not executed.
- All portable electrical equipment brought into the building over one year old must be certified as safe by a qualified electrician. A sticker to this must be affixed to the appliance.
- Individual bookings must be paid at the time of booking or at the time of use of the facility
- If a credit account is granted, payment must be made within 28 days of the date of the invoice. If this does not happen, we reserve the right to withhold entry for any future hire until the debt is paid.
- Deepings Community Trust reserve the right to amend the Terms and Conditions without notice.

CONGRATULATIONS

All students that have taken their CLAIT Exams have passed. Well done to them all and to the tutors who have made this 100% success rate possible. CLAIT courses are not in the free IT training scheme but are chargeable. If you need an IT qualification give our computer staff a ring. Students were: Colin Bullivant, Nicky Gaches, Ann Laken, Candice Brent, Rachel Walker, Linda Holmes, Gail Richardson, Louise Sherratt, Manjula Mistry, Anne Main, Jonathan Lewis, David Evans & Rebecca Bright.

CITIZENS ADVICE BUREAU

A quick reminder that if you need help CAB is at The Centre on Wednesday mornings from 10 am until 1 pm. There are no appointments, just turn up and take your turn. You can start queuing from 9.30 and we cannot anticipate how long you will have to wait. There is a vending machine if your wait is lengthy!

WEBSITE

All users please visit our website and check your details are correct. Also any who are not mentioned and would like to be, please contact David at The Centre with all details and possible links to be included. If we do put a link a reciprocal one on your site would be appreciated.

www.deepingscommunitycentre.org.uk

SOME THOUGHTS AND FACTS

For sometime SKDC have had a three Key Words To Establish, Develop and Succeed. This is what we have been trying to do for the last ten years.

1. We reached a user footfall of about 3000 persons in October
2. The Centre was open for approximately 4000 hours last year
3. The Volunteers have to raise £1000 per week just to keep the Centre open. Developing Programmes cost more
4. We achieved over 75% of capacity usage last year.
5. The Centre is managed and run by a team of over 30 volunteers. We can always accommodate a few more.

NOTICE BOARDS

The most informative board in The Deepings is in Reception. Please take time to have a look at the range of local activities available to you. Organisations can leave a non-commercial A4 portrait poster with the Receptionist for possible display. The Trustees approve these before being put up.



OUR VOLUNTEERS ARE GREAT

Not only do our Volunteers look after Reception, complete bookings, listen to people, give out information and direct people to the correct meeting places, they also do a myriad of other tasks to keep the Centre open. If you would like to help us, we would love to hear from you. Call in at the Centre, leaving a note in the basket if no one is about, telephone on 01778 381770 or email us. trustees@deepingscommunitycentre.org.uk We will then contact you. Thank you, I am sure that you will find it an interesting experience and also be of help to the community.

We have been awarded The Investing in Volunteers Award for our work assisting Volunteers in their role.



A SPECIAL MENTION

For Jez, our Building Manager, and to Carmen, who keeps the building clean. It has been a difficult four months and they have tackled every job with good humour and common sense. Thank you from us all.